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N. Y. Hospital

THE SOCIETY OF THE NEW YORK HOSPITAL



Created by Royal Charter in 1771
in the reign of King George III

THE ANNUAL REPORT OF THE MEDICAL DIRECTOR OF

The New York Hospital-Westchester Division
WHITE PLAINS, NEW YORK

1960

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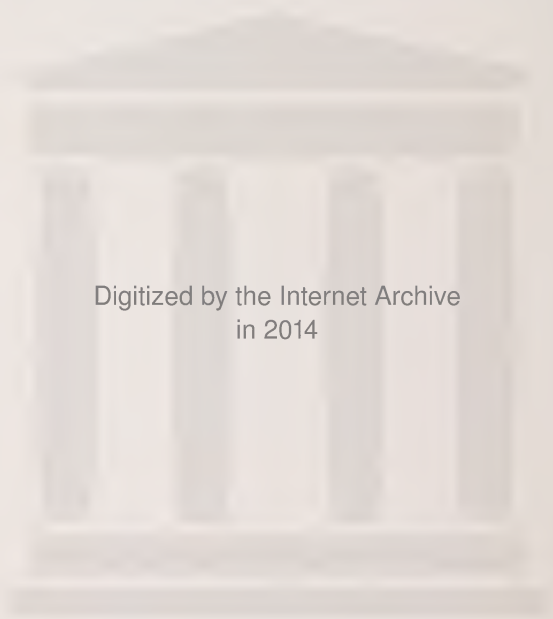


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HISTORICAL NOTE

The New York Hospital owes its inception and growth to the efforts of public-spirited citizens. In 1769, Dr. Samuel Bard, later Washington's personal physician, delivered an address at the King's College commencement exercises in Trinity Church on the occasion of the awarding of some of the first medical degrees in America. In this address he pointed out the vital need for a hospital in New York City. Interest was aroused among influential men and the Governor of the Province headed the subscription list which raised liberal funds for this purpose.

In 1771 a royal charter was granted by King George III to "the Society of the Hospital in the City of New York in America." Through the efforts of Dr. John Fothergill, an old friend and adviser of Dr. Bard in London, the Society also received gifts from English friends, and in 1772 was granted an allowance of 800 pounds by the Legislature of the Province. In 1773, the Governors of the Society purchased five acres of land on the west side of Broadway opposite Pearl Street, and the cornerstone of the hospital was laid by Governor Tryon of New York. Construction was begun immediately but in February, 1775, the interior of the building was almost completely destroyed by fire. Although rebuilding was started at once, it was soon halted by the outbreak of the War of Independence. The unfinished structure was used both as barracks and as a military hospital for wounded American soldiers.

Because of the confusion in civic affairs following the war, the hospital was not opened to civilians until January, 1791. From the beginning the Governors recognized that patients suffering from nervous and mental disorders were sick people and they were admitted into the same building with medical and surgical cases. In 1808 a separate building was erected on the hospital grounds to provide more adequately for the care of mental patients.

In 1810 the legislature of the new State of New York confirmed the original charter and the Society became "The Society of the New York Hospital."

In the years following it was found desirable to move the division for mental patients to a newly purchased piece of property on Bloomingdale Road, seven miles north of the City, where the Bloomingdale Asylum was built and opened in 1821. As the City continued to grow, this property was sold to Columbia University and other institutions, and the Bloomingdale Hospital was moved in 1894 to its present location in White Plains.

Since the construction of the original hospital buildings in White Plains, there have been extensive developments of the property, among which may be mentioned the following: the construction of Macy and Banker Villas for men patients; Brown Villa, Bard House and Bruce House for women patients; special occupational therapy buildings and gymnasias for both men and women patients; clinic buildings, including operating room unit and dental and X-ray laboratory units; a staff house, a student nurses' house, a staff house annex, and nine cot-

tages for physicians. In 1938 a modern building for physical therapy was constructed in connection with the men's department. In 1941 the Nichols Cottage, an air-conditioned building with accommodations for twenty disturbed women patients, was constructed and named in honor of Dr. Charles H. Nichols, medical superintendent of the hospital from 1877 to 1889. In 1954 the building for special therapies was opened enabling the hospital to treat more women patients. Two elevators were installed in the main building in 1955. The Thomas Eddy Education Building was completed in the fall of 1955 for the instruction of the affiliating student nurses. The outpatient department was dedicated on December 8, 1956 and opened to receive patients on January 1, 1957. On January 15, 1958 a hall for boys was opened. Other sections of the hospital have been modernized by renovation, promoting the safety and medical care of the patients. A nine-hole golf course is available, and the grounds, 236 acres in extent, have been otherwise developed. The modern cafeteria for personnel was opened in 1959.

By vote of the Board of Governors of the Society on June 15, 1936, the name of the Bloomingdale Hospital was changed to "The New York Hospital—Westchester Division" in order to convey a clearer understanding than had hitherto prevailed of the relation of the hospital in White Plains to the Society of the New York Hospital.

The new entrance at 21 Bloomingdale Road was opened on October 7, 1960.

THE SOCIETY OF THE NEW YORK HOSPITAL
FOR THE YEAR 1961

OFFICERS

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*JOHN HAY WHITNEY	<i>Vice-President</i>
JEAN MAUZÉ	<i>Vice-President for Finance</i>
FRANCIS KERNAN	<i>Vice-President for Membership</i>
KENNETH H. HANNAN	<i>Vice-President and Chairman of the Budget Committee</i>
LAURENCE G. PAYSON	<i>Secretary and Treasurer</i>

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LANGBOURNE M. WILLIAMS	

* On leave of absence

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HAMILTON HADLEY

ALBERT CAREY WALL

*JOSEPH C. HINSEY

* Ex-officio

MEDICAL AND EXECUTIVE STAFF
OF
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Medical Director

JAMES H. WALL, M.D., F.A.C.P.

Assistant Medical Director and Clinical Director

CURTIS T. PROUT, M.D., F.A.C.P.

Physician in Charge of Men's Department

DONALD M. HAMILTON, M.D.

Physician in Charge of Women's Department

HARRY H. MOORHEAD, M.D.*

Physician in Charge of Outpatient Department

WILLIAM K. MCKNIGHT, M.D.

Director of Laboratories and Internist

HOLLIS E. CLOW, M.D.

Assistant and Physician to Employees

MAURA J. LYNCH, M.D.

Senior Assistant Psychiatrists

ROBERT S. CARSON, M.D.

ROBERT A. MCKINLEY, M.D.

JAMES F. MCCUTCHEON, M.D.

JANE O'NEIL, M.D.

EDWARD E. SEELYE, M.D.

Resident Physicians

ROY E. EHRLICH, M.D.

GEORGE L. GEAR, M.D.

Assistant Resident Physicians

CORNELIUS J. CLARK, M.D.

CHASE PATTERSON KIMBALL, M.D.

JOHN R. DELANEY, M.D.

JOHN N. LOOMIS, M.D.

STUART ROY EDELSON, M.D.

HERBERT E. MCGREW, M.D.

‡SAMUEL FELDMAN, M.D.

XAVIOR L. MASTRIANNI, M.D.

‡ROSEMARY B. FELTON, M.D.

ROBERT BRUCE POUNDSTONE, M.D.

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EDWARD VADEIKA, M.D.

GEORGE L. WILSON, M.D.

Dental Surgeon

RALPH A. SLATER, D.M.D.

Assistant Dental Surgeon

RICHARD A. ERN, D.D.S.

* Succeeding Dr. Dorothy Burdick in 1961

‡ Appointed January 1, 1961

ATTENDING STAFF

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BYARD WILLIAMS, M.D., F.A.C.P.

Urology

ALLISTER M. McLELLAN, M.D., F.A.C.S.

FREDERICK C. McLELLAN, M.D.,
F.A.C.S.

Gynecology

FREDERICK WALL FINN, M.D.

Ophthalmology and Otolaryngology

JOHN R. EMERY, M.D., F.A.C.S.

ARNOLD W. FORREST, M.D.

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TOM G. STAUFFER, M.D.

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EDWARD W. RAYMOND, M.D.

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THOMAS C. PEIGHTAL, M.D., F.A.C.S.

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HAROLD G. WOLFF, M.D., F.A.C.P.

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Dental Surgeon

WILLIAM T. CARROLL, D.D.S., Ph.G.

Oral Surgery

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FRANK LUCAS LEWIS, D.D.S.

Orthodontia

FRANKLIN A. SQUIRES, D.D.S.

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ELIZABETH U. WRIGHT, M.A., R.N.

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JOHN J. HAGGERTY, R.N.

HELEN FISH, R.N.

MARGARET LAW, B.S., R.N.

VALENTINE GREVE, R.N.

CHARLOTTE NEWMAN, R.N.

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RUTH L. SMILEY, M.A., O.T.R.

ELEANOR S. OWEN, O.T.R.

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ELLEN E. PHELAN, M.A.

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ARMAND W. LORANGER, Ph.D.

Director of Social Service Department

LUCILLE ANDREWS, B.A., M.S.

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Director of Music

ROBERT L. MILLS, B.A., F.A.G.O., R.M.T.

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LILLIAN A. WAHROW, B.A., B.S.

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Steward

VASSAR W. JOHNSON

Assistant Steward

WILLIAM B. McDONALD

Supervising Engineer

ROBERT J. HAMILTON

Director of Department of Nutrition

MARION P. RANDALL, B.S.

Director of Housekeeping

HELEN R. SMYTH, B.A.

Dental Hygienist

ALMA M. MCKIRGAN, D.H.

Secretary to Medical Director

DOROTHY L. CLOSE, B.A.

Apothecary

WALTER HOPFMANN

Chaplain

THE REVEREND DAVID B. WEDEN

* Succeeding Avis J. Pitman in 1961



THE ADMISSION OF A PATIENT

(Patients in the Westchester Division are never photographed.
In the illustrations in this report hospital personnel substitute for patients.)

THE SOCIETY OF THE NEW YORK HOSPITAL NEW YORK HOSPITAL—WESTCHESTER DIVISION

To the Board of Governors of the Society of the New York Hospital:

I have the honor to present herewith the report of the New York Hospital—Westchester Division for the year ending December 31, 1960.

The hospital has continued to serve the community and there has been increasing cooperation between the various commercial and voluntary organizations of the City of White Plains and the needs of our many convalescing patients who are making the transition from the hospital to their homes. Thirty-eight per cent of the patients admitted came from Westchester County and only County residents are treated in the outpatient department. The hospital has become more closely integrated with the mental health needs of the community through its programs of treatment, teaching, research and prevention.

ADMISSIONS

The total number of patients admitted was 331; 199 women and 132 men. Two hundred eighteen, or 66 per cent of the patients admitted, were under fifty years of age, and 49, or 15 per cent, were under the age of twenty-one. Preference is given to patients suffering from acute and recoverable psychiatric disorders.

Most of the patients were suffering from functional disorders which developed as a result of prolonged or sudden stress and strain in trying and often overwhelming life situations. They were unable to perform effectively at school or at work and showed decreased ability to manage personal relationships in the family, social groups, and in the community. The patients reacted according to their constitutional endowments, temperaments and personality make-up.

Some patients become overactive under pressure, elated and overtalkative, while others of the same reaction type become depressed, self-depreciatory, self-accusatory and retarded. Such disorders were classified as manic-depressive reactions; 53, or 16 per cent of the patients admitted, were so diagnosed.

Many tender-minded, sensitive individuals under stress and strain are prone to withdraw from and misinterpret their environments and project their difficulties and develop trends of thought about themselves, other people, and their environment. Some of these react with excitement and impulsiveness. These personality disorders were diagnosed as schizophrenia. Of the total admissions there were 96 so diagnosed.

Thirty-one, or 9 per cent, had emotional problems associated with the climacterium, involutional period, or the change of life. These reactions are extreme exaggerations of the feeling, thinking and behavior of this life epoch.



SOCIAL GATHERING

The reactions such as anxiety, tension, hysteria, phobias, together with mild reactive depressions, compulsions and obsessions were designated as psychoneurotic. There were 42, or 13 per cent, so diagnosed.

An increasing number of patients was admitted with immature reactions often associated with alcoholism and dependence upon drugs.

Many young patients in great turmoil and with a tendency to live out their difficulties and come into conflict with the authority figures of their families and society, have come for help.

A few patients with organic toxic and infectious disorders were admitted for treatment.

DIAGNOSTIC GROUPING OF ADMISSIONS

	<i>Men</i>	<i>Women</i>	<i>Total</i>
Psychoses due to alcohol		3	3
Psychoses due to a drug or other exogenous poison	2	1	3
Psychoses with cerebral arteriosclerosis	10	11	21
Psychoses due to convulsive disorder (epilepsy)		2	2
Senile psychoses:			
Simple deterioration	2	2	4
Involutional psychoses:			
Melancholia	6	18	24
Paranoid type		7	7
Psychoses due to other metabolic, etc., diseases:			
Alzheimer's disease	1	1	2
Psychoses due to new growth:			
With intracranial neoplasm	1	1	2
Psychoses due to unknown or hereditary cause but associated with organic change		2	2
Manic-depressive psychoses:			
Manic type	1	3	4
Depressive type	5	2	7
Circular type	5	12	17
Mixed type	7	17	24
Perplexed type	1		1
Dementia praecox (Schizophrenia):			
Simple type	3	3	6
Hebephrenic type	1	2	3
Catatonic type	27	32	59
Paranoid type	9	15	24
Other types	1	3	4
Paranoia and paranoid conditions:			
Paranoid condition	2	2	4
Psychoses with psychopathic personality	5	8	13
Psychoses with mental deficiency	1		1
Psychoneuroses:			
Hysteria		1	1
Psychasthenia or compulsive state	1	3	4
Reactive depression	7	5	12
Anxiety state	1		1
Mixed psychoneuroses	7	17	24
Without mental disorder:			
Alcoholism	12	19	31
Drug addiction	6	4	10
Psychopathic personality	8	3	11

Two hundred seventy-two, or 82 per cent of those admitted, came from New York City and the surrounding suburban area. One hundred twenty-six, or 38 per cent of all admissions came from Westchester County; 18 were from White Plains. Patients came from 18 States other than New York and three from other countries.

Two hundred thirty-three, or 70 per cent of the patients admitted, were received on their voluntary application. Twenty-two patients under the age of eighteen were admitted on the application of their parents. Sixty-two were too ill to understand their need for treatment and were admitted on the petition of a relative. Six patients were received by transfer from other hospitals in the State and three patients from the Payne Whitney Psychiatric Clinic.

Most of the patients were referred by physicians in private practice. As a group the patients were well educated and many held positions of responsibility and leadership in their communities: 13 executives, 13 physicians, 2 nurses, 13 teachers, 3 lawyers, 3 writers, and 59 students. The patients included 109 housewives. There were 10 veterans of World War I, 23 of World War II, and 5 of the Korean Conflict.

DISCHARGES

Three hundred six patients, 177 women and 129 men, were discharged during the year. Two hundred sixty-two had either recovered or improved; thus 86 per cent of all patients discharged were definitely benefited by treatment. One hundred forty, or 46 per cent, had been under treatment less than six months. Two hundred fifty-six or 84 per cent had been in the hospital less than a year. The following table gives more detail as to the length of time patients were under treatment and their condition at the time of discharge.

DURATION OF HOSPITAL RESIDENCE OF PATIENTS DISCHARGED

	<i>Recovered</i>		<i>Much Improved</i>		<i>Improved</i>		<i>Unimproved</i>		<i>Died</i>		<i>Total</i>
	<i>Men</i>	<i>Women</i>	<i>Men</i>	<i>Women</i>	<i>Men</i>	<i>Women</i>	<i>Men</i>	<i>Women</i>	<i>Men</i>	<i>Women</i>	
Less than 6 months	17	12	20	26	10	32	9	6	3	5	140
6 to 12 mos.	26	14	15	33	4	18	1	2	2	1	116
1 to 2 years		4	5	12	4	5	2	3	3		38
2 to 3 years					1	1		1			3
3 to 4 years			1		1				1	1	4
4 to 5 years									1		1
More than 5 years					1				2	1	4
Total	43	30	41	71	21	56	12	12	12	*8	306

* One patient died while on visit.



WAITING ROOM — WOMEN'S PHYSICAL THERAPY

TREATMENT

When a patient has been accepted for treatment, the nearest relatives are encouraged to visit the hospital and confer with members of the medical staff. The nature of the mental reaction, the probable course, the various methods of approach and psychotherapy, and the patient's and the family's participation in rehabilitation are explained. The accommodations and treatment facilities are shown to the family and all arrangements are made for the patient's admission.

The patient is received on one of the six admission halls of the women's and men's departments, the type of hall being determined by the patient's needs and condition. Each patient is assigned to a physician who is responsible for obtaining a full history, performing a careful physical examination and directing the treatment. Pertinent information is obtained as to the family background, the personality assets and liabilities, the life setting and situation in which the patient's difficulties developed. The social workers advise and work with members of the patient's family and help in interpreting and ameliorating social, economic and other stresses and strains of the patient and his environment. The psychologists aid through diagnostic testing, treatment evaluation, and in vocational and avocational guidance.

In the physical investigations of patients, the aid of consultants in all departments of medicine and surgery is utilized. The clinical laboratory studies include complete blood counts, blood chemistry, urinalysis, blood serology, electroencephalographic and electrocardiographic studies; ketosteroid determinations, X-ray examinations and other special studies are made when indicated. Physical conditions when discovered are treated or corrected. Dental examinations and treatments are available together with periodic re-examinations and treatment procedures.

The physician in consultation with other members of the staff carries out the psychotherapy by the interview method with emphasis on dynamic and interpretive psychiatry. In the structured environment the patient learns improved ways of managing life problems and of balanced programs of daily living. Psychotherapy, reeducation and retraining assist the patient in changing attitudes, traits and drives which are alterable, and help him to accept, understand and tolerate persisting problems and trying life situations. Abundant time is devoted to advising members of the patient's family, fellow workers and employers when necessary, and teaching them how they can constructively participate in the successful adjustment of the recovering patient.

The medical staff and members of all professional services are so organized as to provide frequent consultation upon problems of individual patients. Seven daily clinical conferences are held each week in both women's and men's departments at which time the physicians, supervisors of nursing, and on week days the heads of the various program therapy departments, psychologists, and social workers discuss the conditions, needs, treatment, and daily schedules of individual patients. Information on newly admitted patients is presented fully so that all staff members and other professional personnel become acquainted immediately with the patients' problems.



VARIED ACTIVITIES — MEN'S OCCUPATIONAL THERAPY

The patient is made to feel at home, comfortable, and accepted in the new environment of the hospital. A special nurse is assigned for the first few hours and the patient is introduced to other patients and all employees connected with his daily living. Times for meals, extra nourishment, rest periods, hall and program therapy activities are explained. The physicians' and nurses' attention as well as that of all other hospital workers, is directed to the patient as a person in his planned life in the hospital.

The regular diet is substantial and nutritious. Special diets when needed are prepared by the department of nutrition. The housekeeping department maintains attractive furnishings, decorations and pleasant surroundings. The grounds and garden departments keep the grounds and garden in a state of beauty and furnish fresh flowers daily to all halls and gathering places for the patients.

The doctor prescribes the daily activities of the patients in all program therapy departments. Physiotherapy is an important adjunct to treatment, including massage, hydro-therapy, electric treatments such as ultraviolet, infra-red light, baking, and diathermy. Prolonged baths and packs help to allay restless agitation, tension and sleeplessness.

Occupational therapy and physical education are prescribed for each patient. The socializing value of working and playing together is emphasized with the satisfaction derived from constructive and useful activity. Many patients attribute their recovery to the self-esteem and confidence achieved in these activities and therapeutic efforts. The occupational therapy activities for men include bookbinding, ceramics, painting, sculpturing, gardening, jewelry, leathercraft, metalry, printing, reedwork, typing, weaving, and woodworking. The women enjoy cooking, dressmaking, gardening, jewelry, leather work, metalry, needle work, knitting, typing, weaving, wood decorating, collage, doll and toy making, fashion shows, general exhibits, painting and sculpturing. Patients join in making Christmas presents for children. They publish a hospital newspaper. Lectures, films and informal discussions are held.

The physical education departments make use of the modern gymnasias, athletic fields, a golf course, attractive walks through fields and woodlands. The patients also enjoy salt water bathing at York Lodge which is located at Mamaroneck on Long Island Sound. Other activities include baseball, tennis, football, horseshoe pitching, shuffleboard, and the indoor sports of basketball, bowling, ping pong, badminton, volleyball, dancing, and corrective exercises. The departments of physical education with other departments arrange evening dances, square dances, motion pictures, exhibition matches, and afternoon tea dances and garden parties for the patients, their relatives and friends.

Responding to these programs of treatment the patients move to more convalescent and open halls where they are encouraged to assume increasing responsibility for their daily schedules and leisure time. The librarian provides reading material and conducts discussion groups and arranges pleasant literary evenings in the patients' library. In conjunction with the music department a beautiful play with music was given at Christmas. The music department gives individual instrumental and voice instruction. Sessions of group singing, recorded



BOOKBINDING — MEN'S OCCUPATIONAL THERAPY

music and lectures on composers are held. Several guest artists and patients present recitals and formal concerts during the year.

The patients are prepared for their return home, to school, to work and the community by a series of visits. At first they go out for an afternoon, then for a day, a weekend and more prolonged visits. Many patients commute to school or to work. Through the use of social service, part time or full time volunteer, or full time paid employment is arranged together with living accommodations in the local community or nearby cities. At this time as patients return for shorter visits to the hospital, rewarding discussions of their problems are held with physicians, and in this gradual transition confidence is restored and rehabilitation is made more secure and complete.

SPECIAL TREATMENT PROCEDURES

Electric Shock Therapy. This form of treatment continues to be a valuable adjunct, particularly with those patients who had not responded to all other treatments before and after hospitalization. During the year electric shock therapy was administered to 50 men and 110 women.

Insulin Therapy. With the advent of many new drugs this form of treatment now has a limited use. It is usually combined with electric shock therapy in combating loss of appetite and in allaying persistent states of anxiety, tension and perplexity. Sub-shock insulin was administered to 26 patients during the year.

Tranquilizing and Energizing Drugs. Many patients with certain involved reactions who were formerly transferred to other hospitals for prolonged and indefinite care have benefited from the extensive and intensive use of these drugs. With careful medical supervision several patients have been returned to their homes, work, and the community on one of these drugs. During the year 89 men and 178 women received one or more drugs in addition to and in cooperation with other forms of therapeutic approach.

PROGRAM THERAPIES

In addition to the medical and psychotherapeutic approach the program therapies continue to play a most important role in offering a structured life in the rehabilitation of patients.

PHYSICAL THERAPY

Miss Durkin has continued in charge of this department with three assistants. The men's department carried out 13,643 treatments and the women's department 31,534. Seventy-seven patients received 487 prolonged baths and 120 patients received 1,747 packs; these procedures were administered on the halls by the nursing service.

OCCUPATIONAL THERAPY

Miss Smiley has continued in charge of the women's department and Mrs. Owen in charge of the men's department. There are three registered therapists and 14 assistants with craft experience in these departments. The men's department was completely modernized during the past year. Four college students assisted in these departments during the summer and one occupational therapy student from the University of Minnesota spent a three months' affiliation in psychiatric occupational therapy.



MUSIC THERAPY

PHYSICAL EDUCATION

The men's and women's physical education departments have continued under the direction of Mr. Gorton and Miss Phelan with their 12 assistants. Students from various schools have come for periods of instruction and experience during the year.

MUSIC DEPARTMENT

Mr. Mills has continued in charge. In addition to the many programs in association with other departments, 153 patients received 1,597 individual instrumental and vocal lessons. This included instruction in 12 different instruments.

LIBRARIES

Miss Wahrow has continued in charge of the medical library and Miss Bernholz in charge of the patients' library. One hundred ninety-seven volumes were added to the medical library, making a total of 8,318 volumes. Subscriptions to 68 medical and 12 psychological journals were continued. In devoting all of her time to the medical library Miss Wahrow has been of great assistance to the entire staff in research and reading.

Two hundred ninety-three volumes were added to the patients' library so that at the end of the year an inventory showed 6,421 volumes, with a yearly circulation of 14,683. Subscriptions to 120 periodicals were ordered for the use of patients, 9 for the School of Nursing, and 34 for non-medical departments. In addition, through the kindness of a loyal friend, the hospital library has received many of the important British publications.

OPERATING ROOM

Operating Room. There were 26 procedures carried out, including six dental operations.

CLINICAL AND X-RAY LABORATORIES

Dr. Clow has continued in charge of this department and has directed the regular work together with consultation on the medical problems of the hospital. He has directed a variety of immunization programs for patients and personnel. A total of 15,357 laboratory tests was made. The laboratory has made regular examinations of our milk and water supplies.

X-ray Laboratory. Chest films were made on all newly admitted patients and employees and repeated yearly examinations were made on all patients and employees remaining in residence and in service. Films were made on all patients receiving electric shock therapy or when there was any indication. A total of 2,284 X-ray examinations was made.



CLINICAL LABORATORY

Electroencephalography. During the year 246 electroencephalographic studies were made.

Electrocardiography. Two hundred twelve electrocardiographic studies were made.

The following table gives details as to the work of the laboratories.

CLINICAL LABORATORY

	<i>Patients</i>	<i>Employees</i>	<i>Total</i>
Bacteriology and Parasitology:			
Cultures:			
Water			43
Blood	2		2
Miscellaneous	13	65	78
Microscopic:			
Tuberculosis	5	3	8
Gonococci	92	6	98
Miscellaneous	1	16	17
Chemistry:			
Blood	926	50	976
Feces	29	31	60
Gastric contents	3		3
Spinal fluid	23		23
Transaminase tests	13		13
Cytology:			
Blood	4,152	908	5,060
Spinal fluid	7		7
Special drug study	642		642
Functional tests:			
Basal metabolism	4	17	21
Renal function	1		1
Miscellaneous	12		12
Serology	329	224	553
Urine examinations:			
Routine	3,417	417	3,834
Bilirubin tests	3,627	2	3,629
Special drug study	265		265
Tests for spores on operating room sterilizers...			12
Post mortem examinations	11	...	11

X-RAY LABORATORY EXAMINATIONS

	<i>Patients</i>	<i>Employees</i>	<i>Total</i>
* Head	34	14	48
† Thorax	385	726	1,111
Spine	222	17	239
Shoulder	10	15	25
Upper arm	5	1	6
Elbow	2	5	7
Forearm		2	2
Wrist and hand	23	28	51
Abdomen	55	50	105
Pelvis and hip joint	5	8	13
Thigh	1	1	2
Knee	10	11	21
Leg		5	5
Ankle	8	17	25
Foot	16	16	32
Gastro-intestinal tract	15	13	28
Gall bladder	2	12	14
Genito-urinary tract	7	5	12
Fluoroscopic examinations	15	13	28
Teeth (complete examinations)	252	21	273
Teeth (partial examinations)	213	24	237

* Inclusive of examinations for skull, sinuses, jaw and nose.

† Inclusive of examinations for lungs, heart, ribs and oesophagus.

THE OUTPATIENT DEPARTMENT

The outpatient department, organized as the Mental Hygiene Clinic of the Westchester Division, Inc., has completed four years of service to the community of Westchester County.

Dr. William K. McKnight has continued in charge of this service with the assistance of senior members of the medical staff, four psychiatric consultants for teaching and training of residents, members of the social service and psychology departments. The services of the clinical laboratory of the hospital have been used when diagnostic studies have been indicated.

The staff has made a real contribution in meeting the mental health needs of the community through joint efforts with social agencies and more particularly with the schools of White Plains. Real progress has been made in a group therapy undertaking with the mothers of children in the Clinic. There were 26 group sessions.

Preference has continued to be given to patients who respond to short term treatment. All patients come from 40 different communities in Westchester County and only those are accepted who cannot afford private psychiatric fees. The outpatient department has operated as an all service clinic, i.e., for adults and children. Three hundred seven patients and their families were treated in 5,780 interviews; 3,947 of these were with individual patients. The majority of these patients were referred by physicians in private practice, others by schools or social agencies, and many came on their own application or by family or friend referral. One hundred eighty-five adults, 50 adolescents, and 46 children applied for treatment. The majority of the patients were suffering from partial reactions, psychoneurotic, situational, and only a few with more serious psychiatric disorders.

The family centered plan of treatment has continued with the combined effort of the medical, psychological and social service staffs working in close cooperation with schools and other agencies of the community. Emphasis has been placed on intensive treatment, training and research.

The outpatient department continues to receive support from the State through the Community Mental Health Services of the State Department of Mental Hygiene administered by the Westchester County Mental Health Board.

MEDICAL STAFF EDUCATION PROGRAM

Dr. Prout, the Clinical Director and Assistant Medical Director, has been in charge of directing and coordinating the treatment and training programs of the inpatient and outpatient services. Dr. Burdick and Dr. Hamilton have continued as physicians in charge of the women's and men's services, with Drs. Moorhead, McKinley, Carson, O'Neil and Seelye assisting in supervising treatment, training and research. With the work of the outpatient department devoted solely to residents of Westchester County and an increasing number of inpatients from the same area, the hospital is becoming more closely integrated with the mental health needs of the County.



YORK LODGE

In addition to the daily clinical conferences, two weekly staff conferences are held at which time patients and their case histories are presented for diagnostic and treatment suggestions. These staff conferences continue to be the center of the medical and therapeutic activities of the hospital. Residents in training have weekly conferences with the Medical Director and the Clinical Director in addition to daily conferences with other members of the senior medical staff. The Monday Night meetings have continued under the direction of Dr. Prout. Reports of research, original studies and scientific papers were presented and films for teaching purposes were shown.

In addition a course of lectures and demonstrations was given by the senior staff to the first year resident physicians.

Dr. Kenneth Epple, a former resident, gave a lecture on *Practice of Psychiatry in a Southern City*. Dr. Gerhard Werner of the Pharmacology Department of Cornell University Medical College gave a lecture on *Action of Newer Drugs in Psychiatric Illnesses*. Dr. Barbara J. Betz, Associate Professor of Psychiatry, Johns Hopkins University Medical College, visited the hospital and in addition to conferences, gave a report of her studies of *The Doctor as a Crucial Variable in the Treatment and Outcome with Schizophrenic Patients*.

Residents in training are encouraged to attend psychiatric meetings in New York City and to visit other clinics. The resident spends two half days per week in the second year, and three half days in the third year in the outpatient department. The residents participate in the teaching of courses and in presenting clinics for the affiliating student nurses.

Dr. Moorhead continued in charge of special treatment procedures.

Fourth year medical students from Cornell University Medical College spent eight weeks in an elective course at the hospital for supervised study and experience. Groups of medical students from the same college were given demonstrated lectures followed by tours of the hospital on two afternoons.

Studies of the Monday Night Meetings included the following:

Practical Applications of Projected Testing by Dr. Loranger;

Clinical Aspects of Hospital Administration by Dr. Burdick;

A Physiologic Basis for Depression — Discussion of Elation by Drs. Seelye, McCutcheon and Read;

Review of Literature on Alcoholism by Dr. Prout;

Concepts of Eugen and Manfred Bleuler by Dr. Wall;

Symposium — Concepts of Schizophrenia: Kraepelin, A. Meyer and M. A. White by Drs. McKinley, Broden and Hertz;

Presentation by Outpatient Department (Seminars) by Dr. McKnight and outpatient department staff;

Clinical Pathological Conference by Drs. Bradess and Vogel;
Symposium — Concepts of Freud, Adler and Jung by Drs. Seelye, Hahn and Lager;
Management of Acute Panic Reactions by Dr. McKinley;
Legal Aspects of Psychiatry by Dr. Prout;
Amphetamine-like Reactions by Drs. Prout and Hampton;
The Doctor-Patient Relationship by Dr. O'Neil;
Contributions of Drs. Loretta Bender, Anna Freud, Melanie Klein and Phyllis Greenacre by Drs. Childs, Read and Steeples;
Contributions of Tuke and Pinel by Dr. McKnight;
Psychiatric Hospital as a Cultural Pattern by Dr. Hamilton;
Symposium — Psychosomatic Medicine: Franz Alexander, Thomas French, Flanders Dunbar and Spurgeon English, with case records by Drs. Ehrlich, Hahn, Mastrianni and Poundstone;
The Role of the Relatives of Patients in a Private Mental Hospital by Dr. Moorhead and Mrs. Hotchkiss;
Symposium on Aging by Drs. Clow, McCutcheon and Edelson;
Early Interpretation of Psychodynamic and Psychobiological Concepts of August Hoch, George Kirby and John T. MacCurdy by Drs. Hertz, Vadeika and Delaney;
Philosophical Influences on Psychiatry by Drs. Carson, Loomis and Gear.

During the year the senior staff gave the following lectures, illustrated with slides and movies, to the resident staff:

History of the New York Hospital—Westchester Division, Methods of Examination and Interviewing, Dynamics of Personality Development and Symptom Formation, Program Therapies, Schizophrenic Reaction Types—Symptoms and Therapy by Dr. Wall;
Introduction to the Hospital, Procedures for Admission to Psychiatric Hospitals, The Problem of Alcohol and Drug Addiction by Dr. Prout;
Clinical Aspects of Hospital Administration by Dr. Burdick;
Manic-Depressive Psychoses, Involutional Psychoses by Dr. Hamilton;
Laboratory Procedures and Techniques, Encephalography by Dr. Clow;
Review of Care and Treatment of Mental Illness, Symptomatology and Terminology, Psychotherapeutic Techniques, Psychoneurotic Reaction Types—Symptoms and Therapy, Interview Techniques by Dr. McKnight;
Acute Toxic Reactions, Paranoia, Paraphrenia and Paranoid Reaction Types—Symptoms and Therapy by Dr. Moorhead;
Application of Psychotherapeutic Techniques, The Meaning of Insight by Dr. O'Neil;

Cerebral Arteriosclerosis and Senile Dementia, Management of Acute Panic Reactions by Dr. McKinley;

Psychopathic States and Character Disorders—Symptoms and Therapy by Dr. Seelye;

Encephalitis and General Paresis by Dr. Carson;

Modern Psychiatric Drug Therapies by Dr. Ehrlich;

Miss Corrigan and her staff presented and demonstrated *The Use of Packs and Prolonged Baths*.

On November 7th a special meeting was held to which physicians of the community were invited. The subject was *Problems of Adolescents* by Drs. McKinley and Moorhead.

TEACHING, CONSULTATION AND CLINICAL APPOINTMENTS

Dr. James H. Wall; Professor of Clinical Psychiatry at Cornell University Medical College, Consulting Psychiatrist to the White Plains Hospital, the Grasslands Hospital, Valhalla, New York, and St. Luke's Convalescent Hospital, Greenwich, Connecticut, and Consultant in Neuropsychiatry to the Phelps Memorial Hospital Association in North Tarrytown, New York.

Dr. Curtis T. Prout: Associate Professor of Clinical Psychiatry at Cornell University Medical College, and Consulting Psychiatrist to the White Plains Hospital.

Dr. William K. McKnight: Instructor in Psychiatry at Cornell University Medical College.

Dr. Hollis E. Clow: Consultant Psychiatrist, White Plains Hospital, Co-director and Co-chairman of the Department of Encephalography at the White Plains Hospital, and Consultant in the Department of Neurology at Grasslands Hospital.

Dr. William H. Hampton, having received his residency training here and having spent six months as Senior Assistant Psychiatrist, resigned on June 30th to enter private practice.

Dr. Alexander R. Broden completed one year of residency training in psychiatry on June 30th.

Dr. Richard M. Childs completed two years of residency training in psychiatry on June 30th.

Dr. Eric Lager completed one year of residency training in psychiatry on June 30th.

Dr. David T. Read completed one year of residency training in psychiatry on June 30th.

Dr. Donnalea Steeples completed one year of residency training in psychiatry on June 30th.

Dr. Robert E. Hahn completed 14½ months of residency training in psychiatry on June 30th.

Dr. James F. McCutcheon was appointed Senior Assistant Psychiatrist on November 1st, after having received his residency training here.



GOLF INSTRUCTION

NURSING SERVICE AND EDUCATION

Miss Corrigan has continued in charge of the nursing service. This department has continued its high standards of care for patients and the giving of instruction and practical experience to nurses in training, postgraduate training and inservice instruction to senior personnel. During the year 264 students received the twelve weeks' course in psychiatric nursing. The training schools from which these students came were: St. Luke's Hospital, Long Island College Hospital, Lenox Hill Hospital, Mt. Sinai Hospital, Flower Fifth Avenue Hospital and Roosevelt Hospital in New York City, the White Plains Hospital, and St. John's Hospital in Yonkers. Thirty-six graduate nurses received the basic psychiatric course during the year in order to be eligible for registration in New York State. During the year nine nursing technicians, i.e., nurses who have received three to four years of training in psychiatric nursing in other countries, were employed.

The Nursing Advisory Council for affiliating students and the Katherine F. Hearn Scholarship Fund Committee met on March 11th. Nine graduate nurses have attended college during the year, thus availing themselves of the opportunity afforded by this Fund.

On the last day of the year there were 256 members on the nursing personnel staff, including the director, three assistant directors, 10 supervisors and instructors, 50 graduate nurses, 23 practical nurses, 80 psychiatric aides, and six nursing technicians. There were five part time graduate nurses, three part time practical nurses, 10 part time psychiatric aides, and two ushers. There were 63 affiliating student nurses.

PSYCHOLOGY DEPARTMENT

Dr. Mary Alice White resigned on June 30th to enter school work in Westchester County. She was succeeded by Dr. Armand W. Loranger. In the inpatient and outpatient services this department has served 360 patients, giving psychological tests and assisting in vocational planning.

SOCIAL SERVICE DEPARTMENT

Mrs. Lucille Andrews has continued in charge of this department with her six assistants. Mrs. Hotchkiss has devoted all of her time to the work with in-patients and their families. One hundred fifty-three patients and their families received this service. Seventy of these patients were assisted in planning their lives on leaving the hospital. The social service department has continued its active role in the educational programs of both the inpatient and the outpatient services. This department has continued to take an active part in community activities and in integrating the treatment and teaching programs with other agencies in the community. The training program has continued for students from the New York School of Social Work of Columbia University and one exchange student from Paris, France.

DENTAL DEPARTMENT

Dr. Slater with the assistance of Dr. Ern has continued the work of this department. All patients have received complete oral and X-ray examinations



LEAVING THE HOSPITAL

periodically. There was a total of 2,303 patients' visits to the department and 3,471 operations were performed.

MEDICAL CARE OF PERSONNEL

Dr. Clow and Dr. Lynch have continued in charge of this increasingly important service to the personnel. Immunization procedures were made available to all patients and personnel. Two hundred sixty-eight complete physical examinations for new employees were made. During the year there were 3,168 visits to the employees clinic and 204 admissions to the infirmary.

DEPARTMENT OF NUTRITION

Miss Randall has continued in charge of this department and with her assistants has prepared all meals for the patients and personnel, totaling 630,829 for the year. With careful purchasing in association with Mr. Johnson, and the concentrated food service afforded by the new cafeterias, there was a substantial improvement in the economic operation of this department. Special diets were prepared daily for an average number of 39 patients and 12 employees. The department also prepared refreshments for patients' parties, social functions and picnics. Hot lunches were prepared and served at York Lodge during the summer.

Ten students from the Westchester Community College received practical experience, employment, and instruction during the year.

Groups of patients have toured the department and reported their findings in a complimentary article in the patients' newspaper.

HOUSEKEEPING DEPARTMENT

Upon the resignation of Miss Jacques after twelve and a half years of dedicated service, the hospital was most fortunate in acquiring the services of Mrs. Helen Smyth, a graduate of Connecticut College, with years of experience in design, planning and interior decorating. Mrs. Smyth and her assistants have continued to maintain high standards with many improvements in all areas of patient and employee living accommodations. This department has continued in charge of all hall aides and has supervised the serving of all meals to patients, including refreshments for all parties and social functions. The upholstery shop under the direction of this department has continued its work with great efficiency. Visitors and relatives have frequently commented upon the work of this department.

THE FRIENDS OF THE NEW YORK HOSPITAL—WESTCHESTER DIVISION

The fourth annual meeting of the Friends was held at the hospital on October 24th. The group was welcomed by the Chairman of the Westchester Division Committee, the Medical Director, and the Clinical Director. The progress of the past year was reviewed with emphasis on the work of the outpatient department. The work with boys was presented and a detailed report on the study of the hospital's experience with troubled youth. This study has been made possible by a grant of \$25,000 a year from the Center Fund. The Friends were informed

of the gift of \$45,000 from the George F. Baker Trust, a grant which is to support the teaching and research activities by the assistant senior psychiatrists. The teaching needs of the hospital were presented and other needs, such as a new medical library and the substitution of safety screens for grilles. A tour of the hospital was followed by dinner at the staff house. In addition to the President of the Society, members of the Board of Governors and the Westchester Division Committee, those present were: Mrs. Hamilton Hadley, Mrs. Alfred Levinger, Mr. Francis Stern, Mr. Charles J. Tannenbaum, Mrs. Arthur Train and Mr. Dean K. Worcester.

CIVIL DEFENSE

The staff and personnel have continued the hospital's civil defense program for patients and personnel and they have cooperated in the operation alerts held during the year.

SPECIAL EVENTS AND OTHER ITEMS OF INTEREST

Open house was held for all employees on January 7th.

Meetings. Special meetings of the Directors of the Mental Hygiene Clinic of The Westchester Division, Inc., were held on January 25th and June 27th.

The directors of nursing and clinical directors from the affiliating schools of nursing met at the hospital on March 14th to discuss mutual problems.

As a part of the Business-Education Day in White Plains, sponsored by the Education Committee of the Business and Civic Federation of White Plains, 20 teachers from the public schools of White Plains visited the hospital on May 11th. They were given a lecture, were shown the various departments of the hospital, and were entertained at lunch.

The Board of Governors of The Society of the New York Hospital held its regular monthly meeting at the hospital on June 7th followed by dinner at the staff house.

The local newspapers have prepared many illustrated articles on various activities of the hospital.

Inspection of the Hospital. Inspection of the hospital by representatives of the New York State Department of Mental Hygiene was made as follows: Dr. Harry Bittle on April 25th and July 8th; Dr. Richard V. Foster on October 13th.

Dr. Luther Woodward of the New York State Department of Mental Hygiene inspected the Outpatient Department on July 1st.

On January 14th the National League of Nursing Education visited the School of Nursing with regard to accreditation.

The buildings of the hospital were inspected by the White Plains Assessors' Office on June 20th.

The White Plains Fire Department held its annual inspection of the hospital during the first week of April. This was also followed immediately by the inspection for safety precautions by the Factory Mutual Insurance Company.

Visitors. Visits of friends and relatives to patients totaled 16,540; 9,624 to women patients, and 6,916 to men patients.

Two hundred sixty-eight former patients made 1,483 visits to the hospital and to our New York office at the Payne Whitney Clinic, a service given to patients during their first few months of readjustment in the community.

On January 6th and November 30th nine medical trainees from the Columbia University School of Public Health and Administration made field trips to the hospital. Drs. Wall, Prout and McKnight spoke to the groups about the work of the hospital and Mr. Johnson talked with them about administrative and business matters. They were entertained at lunch in the hospital cafeteria.

Dr. L. C. Hanes, Associate Professor of Psychiatry from the University of Mississippi Medical Center, Jackson, Mississippi, visited the hospital on January 12th.

Dr. David A. Wheelwright of London, England, visited the hospital on March 2nd in connection with a survey being made by the World Federation of Mental Health.

Dr. A. L. MacKinnon, Superintendent of the Homewood Sanitarium, Guelph, Ontario, visited the hospital on March 31st.

Groups of students in psychology from Kings College, Briarcliff, and from Fordham University, visited the hospital during April and May.

Various groups of high school students from Westchester County schools visited the hospital during the year.

Educators, social workers, physicians and workers in all fields of mental health visited the outpatient department during the year. These visitors were from local organizations and from other States and countries.

Religious Services. The Reverend David B. Weden, Rector of Grace Church, White Plains, and chaplain of the hospital, has continued to conduct the services on Sunday afternoons and has administered communion regularly.

Monsignor Eugene A. Murtha and his assistant, the Reverend Father John Reardon of the Church of Our Lady of Sorrows, White Plains, have attended to the religious comfort of the Roman Catholic patients, including the regular celebration of Mass.

Regular services were held for Jewish patients by Rabbi Richard S. Sternberger of the Jewish Community Center of White Plains.

ADDRESSES, PAPERS AND PUBLICATIONS

Dr. James H. Wall: *Man, Medicine and the Ministry*, panel discussion, New York Academy of Medicine, New York, February 17th; *History and Work of the New York Hospital—Westchester Division*, Rotary Club of White Plains, March 8th; *College Students' Problems in the Early Twenties as Compared with Those of Today*, Sarah Lawrence College, Bronxville, May 7th; *Results of Mental Hospital Treatment of Troubled Youth*, (with others), annual meeting of the American Psychiatric Association, Atlantic City, New Jersey, May 10th; *The Work of the New York Hospital—Westchester Division*, Searing School, Somers, New York, May 14th.

Dr. Curtis T. Prout: *Diagnostic Significance of the Mental Status Examination*, First Annual Psychiatric Seminar, Louisville, Kentucky, October 27th; *Alcoholism*, (with Dr. E. B. Allen), Chapter 27, Volume XV, *Progress in Neurology and Psychiatry*, Grune and Stratton, Inc., New York.

Dr. Donald M. Hamilton: *Understanding Adolescents*, Parent-Teacher Association, Briarcliff, New York, January 26th; *Results of Mental Hospital Treatment of Troubled Youth*, (with others), annual meeting of the American Psychiatric Association, Atlantic City, New Jersey, May 10th; *Management of Patients with Schizophrenic Reactions*, (with others), published in New York State Journal of Medicine, Volume 60, No. 14, July 15, 1960.

Dr. Hollis E. Clow: *Religion and Psychiatry*, Men's Club of Lutheran Church, White Plains, February 15th; *Muscle as a Tissue*, International Conference sponsored by the American Geriatrics Society, Philadelphia, Pennsylvania, November 4th; *The Use of Tranquilizers and Psycho-Energizers in Geriatrics*, symposium on Clinical Medicine, New York State Academy of General Practice, Albany, New York, November 10th.

Dr. William K. McKnight: *The Importance of Lay Participation in the Mental Hygiene Movement*, annual meeting of the White Plains Mental Hygiene Committee, June 1st; *The Use of the Mental Hygiene Clinic in the Diagnosis and Treatment of Psychiatric Disorders in School Children* (with Dr. Harris and Mrs. Andrews), panel meeting, Westchester-Nurse-Teachers Association, White Plains, May 25th; *Psychiatric Considerations in the Problems of the Exceptional Child* (with Miss Yoder and Dr. Beckett), Yonkers Chapter of the Council for Exceptional Children, Yonkers, New York, October 4th; *Management of Patients with Schizophrenic Reactions* (with others), published in New York State Journal of Medicine, Volume 60, No. 14, July 15, 1960.

Dr. Harry H. Moorhead: *Results of Mental Hospital Treatment of Troubled Youth* (with others), annual meeting of the American Psychiatric Association, Atlantic City, New Jersey, May 10th; *Management of Patients with Schizophrenic Reactions* (with others), published in New York State Journal of Medicine, Volume 60, No. 14, July 15, 1960.

Dr. Robert A. McKinley: *Results of Mental Hospital Treatment of Troubled Youth*, (with others), annual meeting of the American Psychiatric Association, Atlantic City, New Jersey, May 10th; *Management of Patients with Schizophrenic Reactions*, (with others), published in New York State Journal of Medicine, Volume 60, No. 14, July 15, 1960.

Dr. William H. Hampton: *Observed Psychiatric Reactions Following the Use of Amphetamine and Amphetamine-Like Substances*, combined meeting of the New York Neurological Society and the Section of Neurology and Psychiatry of New York Academy of Medicine, New York City, April 12th.

Dr. Armand W. Loranger: *Research in Psychopharmacology*, seminar in Physiological Psychology, Fordham University, New York City, May 5th; *A Neuropsychological Study of Four Drugs*, XVI International Congress of Psychologists, Bonn, Germany, August 5th; *The Performance of Aged Females on Five Non-Language Tests of Intellectual Functions*, published in Journal of Clinical Psychology, Volume XVI, No. 2, April 1960.

PUBLIC RELATIONS DEPARTMENT

Mrs. Miller has continued in charge of this department. In addition to the public relations and fund-raising activities, she has continued to assist various departments in preparing printed material for hospital programs.

Through the courtesy of Station WFAS, White Plains, the following radio programs were presented:

Mr. Mills: *Music as Therapy*, January 28th;

Dr. Clow: *The Laboratory in the Mental Hospital*, February 25th;

Dr. Hamilton: *Mental Illness Better Understood*, March 24th;

Dr. Moorhead and Miss Pitman: *The Training and Opportunities of the Psychiatric Nurse*, April 29th;

Dr. Prout: *The Patient's Return to Home, School and Community*, May 26th;

Dr. McKnight, Dr. Harris and Mrs. Fleischer: *Psychiatric Treatment of School Phobia*, June 23rd;

Dr. Wall: *The Changing Language of Psychiatry*, September 22nd;

Dr. Seelye: *The Psychopathic Patient*, October 27th;

Miss Bernholz: *The Library as a Therapeutic Agent*, November 24th;

Dr. Loranger: *Psychological Testing in Relation to Mental Illness*, December 22nd.

IMPROVEMENTS AND MAINTENANCE

Several halls for patients and employees have been renovated and refurnished.

Accounting procedures have been improved. The requirements of the New York State Minimum Wage Law were complied with. The semi-monthly payroll system was converted to bi-weekly in May. The installation of standard alternating current is progressing. Repairs to roofs have continued. Three greens and two tees of the golf course were relocated. The men's occupational therapy building was completely renovated and has been more functional in its service to patients.

NEW ENTRANCE

The new entrance at 21 Bloomingdale Road was opened on October 7th.

GIFTS

During the year 617 separate contributions were received for the work of the hospital. The amount contributed was \$148,929.71, making a total of \$1,308,570.61 contributed since the appeal began in 1947. This generous giving has enabled the hospital to expand its services to the community and its programs of teaching, research and prevention. Extensive additions, repairs and replacements have been made possible. Mr. Louis Calder has continued his annual gift of \$25,000 to support the cost of teaching in the nursing education program. He has also donated \$25,000 for the work with boys and young men.

RESEARCH PROJECTS IN PROGRESS

Investigation of the effectiveness of tranquilizing and energizing drugs supported by the National Institute of Mental Health.

Study of young men and boys with problems of adolescent turmoil supported by The New York Hospital—Cornell Medical Center Foundation.

Studies of schizophrenic patients.

Investigation of the mental hygiene of aging.

Studies of patients with alcohol and drug problems.

The teaching and research programs have been supported by a generous annual gift of \$15,000 by the George F. Baker Trust in supporting the work of recently graduated senior assistant psychiatrists.

NEEDS

Funds are needed to support the expanded services of the hospital.

Funds are needed to help defray the expense of care and treatment of patients whose families are unable to meet the rising costs.

Funds are needed for additions and replacements in all areas of the hospital.

Funds are needed to replace grilles with safety window screens.

It is hoped that these needs may continue to receive the attention of public spirited citizens and friends so that the hospital, with its fine history and tradition of perpetuation of excellence in standards of care and treatment, can move forward along its paths of treatment, teaching, research and prevention.

The Medical Director wishes to thank individually the entire staff and personnel for the high level of performance and dedication to duty during the year. To the Board of Governors, the Chairman and members of the Westchester Division Committee, the Friends of the Westchester Division, and all faithful and loyal supporters of the hospital, I wish to express my gratitude for continued support, guidance and selfless service.

Respectfully submitted,

JAMES H. WALL, M.D.,
Medical Director.

THE NEW YORK HOSPITAL—WESTCHESTER DIVISION

GENERAL TABLE OF STATISTICS
Compiled from the Annual Reports of the Institution

Year	Whole Number Admitted	Admitted by Legal Procedure	Voluntary	Whole Number Treated during the Year	Whole Number Discharged during the Year	Recovered	Improved and much Improved	*Not Improved	Died	†On Books at End of Year	Daily Average No. in Hospital
1821 to 1893.	9,305	9,303	2	...	9,003	3,635	2,436	1,585	1,345	...	...
1894.....	128	128	...	433	144	40	56	17	31	286	294
1895.....	145	145	...	434	126	40	39	19	28	305	299
1896.....	128	128	...	436	122	33	47	19	23	311	312
1897.....	133	131	2	447	106	30	37	12	27	338	318
1898.....	91	90	1	432	106	26	35	18	27	323	323
1899.....	108	102	6	434	93	24	35	16	18	338	331
1900.....	98	97	1	439	99	25	43	8	22	337	339
1901.....	91	68	23	431	100	26	33	14	27	328	328
1902.....	95	76	19	426	94	24	37	12	21	329	329
1903.....	124	95	29	456	111	31	35	18	27	342	336
1904.....	127	89	38	472	132	34	60	10	28	337	340
1905.....	111	84	27	451	100	34	43	8	15	348	342
1906.....	101	76	25	452	112	32	43	12	25	337	335
1907.....	127	109	18	467	123	44	35	22	22	341	340
1908.....	124	91	33	468	114	33	30	24	27	351	347
1909.....	122	82	40	476	129	40	40	27	26	344	343
1910.....	131	88	43	478	120	31	39	24	26	355	352
1911.....	140	74	66	498	121	39	35	25	22	374	351
1912.....	156	101	55	533	175	45	38	25	22	355	355
1913.....	144	82	62	504	154	36	54	13	17	345	333
1914.....	201	103	98	551	188	26	64	23	23	358	345
1915.....	193	94	99	556	202	30	85	22	14	349	336
1916.....	254	92	162	608	257	50	86	37	33	346	323
1917.....	222	73	149	573	242	47	49	38	23	326	312
1918.....	260	61	199	590	273	69	54	31	19	313	298
1919.....	309	68	241	622	316	83	152	42	15	306	302
1920.....	243	61	182	549	223	44	133	38	8	326	309
1921.....	273	68	205	599	303	52	126	45	13	296	290
1922.....	257	57	200	553	241	36	127	36	11	312	288
1923.....	267	75	192	579	272	68	107	46	17	307	284
1924.....	290	82	208	597	288	63	122	34	10	309	277
1925.....	290	91	199	599	290	53	136	88	13	309	276
1926.....	278	102	176	587	300	61	135	95	9	287	267
1927.....	276	102	174	563	253	62	108	76	7	310	257
1928.....	249	89	160	559	261	52	105	59	9	298	263
1929.....	248	84	164	546	243	59	112	65	7	303	257
1930.....	261	73	188	564	278	60	123	77	18	286	251
† 1931.....	261	47	214	547	244	63	125	50	6	303	251
1932.....	231	27	204	534	269	46	158	53	3	265	241
1933.....	227	51	176	492	229	57	108	60	4	263	228
1934.....	236	47	189	499	217	41	119	53	4	282	230
1935.....	270	49	221	552	242	45	134	59	4	310	235
1936.....	277	46	231	587	280	73	133	65	9	307	264
1937.....	342	94	248	649	308	41	173	78	16	341	249
1938.....	311	83	228	652	306	67	159	67	13	346	246
1939.....	350	80	270	696	358	72	202	72	12	338	259
1940.....	333	111	222	671	285	89	139	48	9	386	244
1941.....	378	107	271	764	350	106	175	59	10	414	273
1942.....	361	104	257	775	379	94	209	61	15	396	279
1943.....	341	88	253	737	352	102	176	56	18	385	259
1944.....	352	92	260	737	331	116	152	52	11	406	263
1945.....	346	73	273	752	348	132	138	58	20	404	270
1946.....	322	69	253	726	335	111	151	53	20†	391	273
1947.....	275	65	210	666	304	75	166	45	9†	362	269
1948.....	350	111	239	712	335	94	167	55	19†	377	255
1949.....	360	115	245	737	344	100	186	44	14†	393	274
1950.....	329	100	229	722	345	90	186	54	15†	377	272
1951.....	359	124	235	736	338	75	190	53	20†	398	272
1952.....	318	111	207	716	325	84	172	50	19†	391	278
1953.....	349	108	241	740	341	69	215	38	19†	399	274
1954.....	343	127	216	742	326	82	180	50	14†	416	288
1955.....	328	80	248	744	315	66	195	39	15†	429	287
1956.....	304	70	234	733	339	66	218	37	18†	394	286
1957.....	316	78	238	710	312	45	210	41	16†	398	281
1958.....	369	80	289	767	360	87	215	42	16†	407	282
1959.....	342	81	261	749	371	79	246	36	20†	378	256
1960.....	331	98	233	709	306	73	189	24	20	393	275
Totals.....	25,711	15,130	10,581	...	25,308	7,557	10,250	4,332	2,579	...	...

* Includes patients transferred.

† From this year changes of status not included as in previous years.

‡ Includes patients on visit.

*GENERAL STATISTICS OF PATIENT POPULATION FOR THE
YEAR ENDING DECEMBER 31, 1960*

	<i>Men</i>	<i>Women</i>	<i>Total</i>
Total on books December 31, 1959	142	236	378
In hospital	108	148	256
On visit	34	88	122
Admitted during the year:			
First admissions	86	126	212
‡Readmissions	42	71	113
Transfers	4	2	6
Total admitted	132	199	331
Total under treatment during the year	274	435	709
Discharged during the year:			
*As recovered	32	29	61
*As much improved	31	61	92
*As improved	15	42	57
*As unimproved	7	4	11
As without mental disorder:			
Alcoholism	16	14	30
Drug addiction	5	2	7
Psychopathic personality	3	1	4
†Died	12	8	20
Transferred	8	16	24
Total discharged	129	177	306
Total remaining on books December 31, 1960	145	258	403
In hospital	109	167	276
On visit	36	91	127
Daily average population on the books	150	243	393
Daily average population excluding visits	118	157	275
Rated capacity of the hospital	149	201	350
Voluntary cases admitted during the year:			
First admissions	60	89	149
Readmissions	31	53	84
Physician's certificate cases admitted	3	5	8
Cases admitted on certificate of two physicians		1	1
Cases admitted on voluntary minor application	13	9	22
Voluntary cases certified for mental disorder	10	37	47
Voluntary cases certified on inebriate certification	17	25	42
Voluntary minor case certified for mental disorder		1	1
Voluntary patients on books at the end of the year	85	128	213
Average number on visit during the year	32	86	118

‡ Refers to previous admission to any hospital for mental disorder.

* Exclusive of transfers and those without mental disorder.

† One patient died while on visit.

INFORMATION RELATING TO THE ADMISSION OF PATIENTS

APPLICATIONS

Application for the admission of patients may be made at the hospital at any time, or at our office in The New York Hospital, 525 East 68th Street, New York City, on Wednesdays and Fridays, at noon.

Information will be gladly given by telephone, but it is not customary to accept patients without the more careful inquiry made possible by an interview.

Applications should be made by personal call of some one who is prepared to describe the case, and to make the necessary arrangements.

An examination of the patient before admission is not required.

Application for the admission of patients at a distance may be made by telephone or by letter. A full description of the case and of the circumstances is required.

ADMISSION

The large majority of the patients sign their own applications on arrival at the hospital. Patients are also received on physician's certificate and on court authority as provided by the New York laws.

Patients who have been placed under the control of the hospital by court authority will, on request, be sent for. Others must be brought to the hospital.

CLASS OF PATIENTS

In the admission of patients, preference is given to those suffering from forms of nervous and mental disorders in which a favorable result from treatment may be reasonably expected.

Doubtful cases may be received for observation and diagnosis.

A very limited number of alcoholic and drug cases with a favorable outlook may be received under the provisions of the Mental Hygiene law.

Patients who seem likely to require an extended period of treatment may, when there is room and they are otherwise suitable, be received, for periods of study, at rates that will contribute to the support of the work of the hospital.

As the field of the hospital's activity must necessarily be limited and as a suitable social environment is essential to successful treatment, in the selection of cases for admission a good level of education, refinement and social adaptability is required.

TERMS

The rate charged depends upon the type of case, the attention required, and the accommodations desired.

Patients whose relatives are unable to pay the full cost may be received at low rates or without charge if the disorders from which they are suffering are recoverable and they are persons who come within the field of work in which The Society of the New York Hospital has found it can most usefully apply its resources. A large proportion of the patients thus received are professional men or women and members of their families. Preference is given to residents of New York State.

Extra charge is made for dental X-ray films and dental prophylaxis which are expected to be carried out for all patients. For other dental work and for surgical and other professional services that require specialists, extra charges are made for which, except in emergencies, approval is expected to be obtained in advance from the person responsible for the support of the patient in the hospital.

Consultations with family physicians and consulting specialists can, when desired, be arranged for after conference with the hospital physicians.

EXPRESSIONS OF APPRECIATION

Friends from time to time desire to express, by gifts to the Hospital, their appreciation of the treatment of patients and the work done by the Hospital.

The Medical Director will be pleased to give information concerning various needs of the Hospital that would come within the scope contemplated by the donor.

LEGACIES TO THE HOSPITAL

No precise words are necessary to a valid legacy to the Society. The following clause, however, may be suggested:

"I give to THE SOCIETY OF THE NEW YORK HOSPITAL, for the use of The New York Hospital—Westchester Division, the sum of..... dollars."

If land or any specific personal property, such as bonds, stocks, etc., is given, a brief description of the property should be inserted instead of the words "the sum of.....dollars."

